



## Using Self-Questioning to Guide Your Learning

Date: \_\_\_\_\_

**Self-questioning** is when you generate questions to ask yourself during different phases of your learning. Asking yourself questions *before*, *during*, and *after* you engage in learning tasks is a strategy you can use to help yourself develop as an assessment-capable visible learner. Today, we will practice applying self-questioning to the lesson we are going to focus on.

### BEFORE THE LESSON...

What am I learning today? What is the learning intention?

What do I already know about this?

What do I want to know about this?

What do I need to do or find out?

**DURING THE LESSON...**

What am I finding out?

What questions do I have as I'm learning?

What is confusing to me?

What do I still need to find out?

**AFTER THE LESSON...**

What did I learn as a result of the lesson?

What is still confusing or challenging for me?

What do I still need to do moving forward?