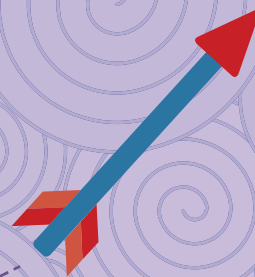


## Self-questioning

happens when you come up with questions to ask yourself during different parts of your learning.

Asking yourself questions **before, during, and after** your learning tasks is a strategy you can use to help yourself develop as an assessment-capable visible learner.

In this section, you will practice using self-questioning.





## Using Self-Questioning to Guide Your Learning

Date: \_\_\_\_\_

### Before the Lesson

What am I learning today? What is the learning intention?

What do I already know about this?

What do I want to know about this?

What do I need to do or find out?

## During the Lesson

What am I finding out?

What questions do I have as I'm learning?

What is confusing to me?

What do I still need to find out?

## After the Lesson

What did I learn as a result of the lesson?

What is still confusing or challenging for me?

What do I still need to practice with?