

Figure 3.8 How Are You Intelligent?

<p>VERBAL/LINGUISTIC INTELLIGENCE</p> <ul style="list-style-type: none"> • I like to tell jokes, stories, or tales. • Books are important to me. • I like to read. • I often listen to radio, TV, tapes, or CDs. • I write easily and enjoy it. • I quote things I've read. • I like crosswords and word games. 	<p>INTRAPERSONAL INTELLIGENCE</p> <ul style="list-style-type: none"> • I know about my feelings, strengths, and weaknesses. • I like to learn more about myself. • I enjoy hobbies by myself. • I enjoy being alone sometimes. • I have confidence in myself. • I like to work alone. • I think about things and plan what to do next.
<p>LOGICAL/MATHEMATICAL INTELLIGENCE</p> <ul style="list-style-type: none"> • I solve math problems easily. • I enjoy math and using computers. • I like strategy games. • I wonder how things work. • I like using logic to solve problems. • I reason things out. • I like to use data in my work to measure, calculate, and analyze. 	<p>VISUAL/SPATIAL INTELLIGENCE</p> <ul style="list-style-type: none"> • I shut my eyes and see clear pictures. • I think in pictures. • I like color and interesting designs. • I can find my way around unfamiliar areas. • I draw and doodle. • I like books with pictures, maps, and charts. • I like videos, movies, and photographs.
<p>INTERPERSONAL INTELLIGENCE</p> <ul style="list-style-type: none"> • People ask me for advice. • I prefer team sports. • I have many close friends. • I like working in groups. • I'm comfortable in a crowd. • I have empathy for others. • I can figure out what people are feeling. 	<p>BODILY/KINESTHETIC INTELLIGENCE</p> <ul style="list-style-type: none"> • I get uncomfortable when I sit too long. • I like to touch or be touched when talking. • I use my hand when speaking. • I like working with my hands on crafts/hobbies. • I touch things to learn more about them. • I think of myself as well coordinated. • I learn by doing rather than watching.
<p>MUSICAL/RHYTHMIC INTELLIGENCE</p> <ul style="list-style-type: none"> • I like to listen to musical selections. • I am sensitive to music and sounds. • I can remember tunes. • I listen to music when studying. • I enjoy singing. • I keep time to music. • I have a good sense of rhythm. 	<p>NATURALIST</p> <ul style="list-style-type: none"> • I enjoy spending time in nature. • I like to classify things into categories. • I can hear animal and bird sounds clearly. • I see details when I look at plants, flowers, and trees. • I am happiest outdoors. • I like tending to plants and animals. • I know the names of trees, plants, birds, and animals.